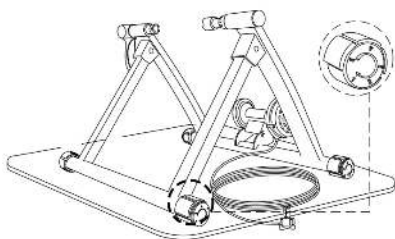
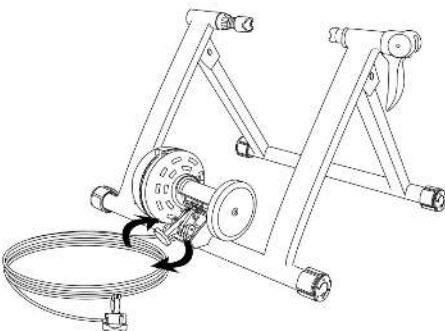


TO INSTALL

- 1 First, open the legs completely and place them on a flat and horizontal floor so that there are no obstacles. Use the adjustable feet to compensate for any height differences.

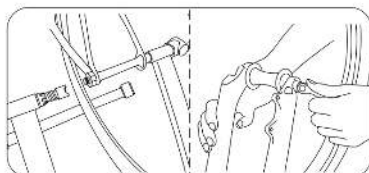
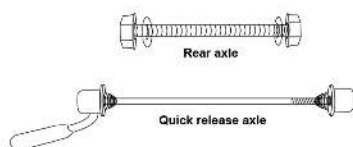


- 2 You can increase or decrease the resistance by adjusting the tire pressure regulator

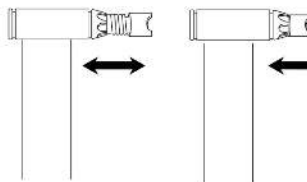


REAR WHEEL INSTALLATION

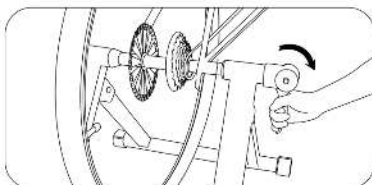
- 1 If the rear axle is not suitable for the two holders of the bicycle trainer, remove the rear axle from the bicycle and replace it with the Quick Release axle that comes with the bicycle trainer.



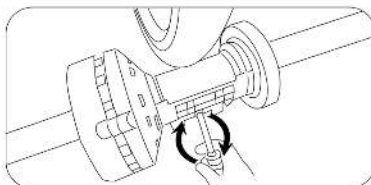
- 2 Adjust the left axle holder to the required width for the bicycle. To adjust, loosen the locking nut and turn the axle holder in or out. Tighten the locking nut again.



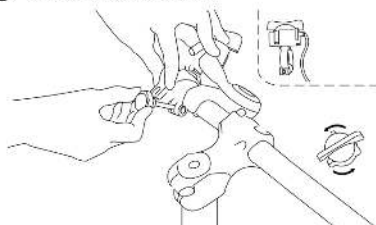
- 3 Place your bicycle on the bicycle trainer, turn the handle of the quick release to secure the bicycle.



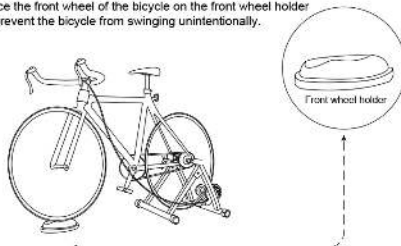
- 4 Tighten the pressure regulator so that it touches the tire



- 5 Install the magnetic pressure regulator on the handlebar, turn the knob to adjust the pressure



- 6 Place the front wheel of the bicycle on the front wheel holder to prevent the bicycle from swinging unintentionally.



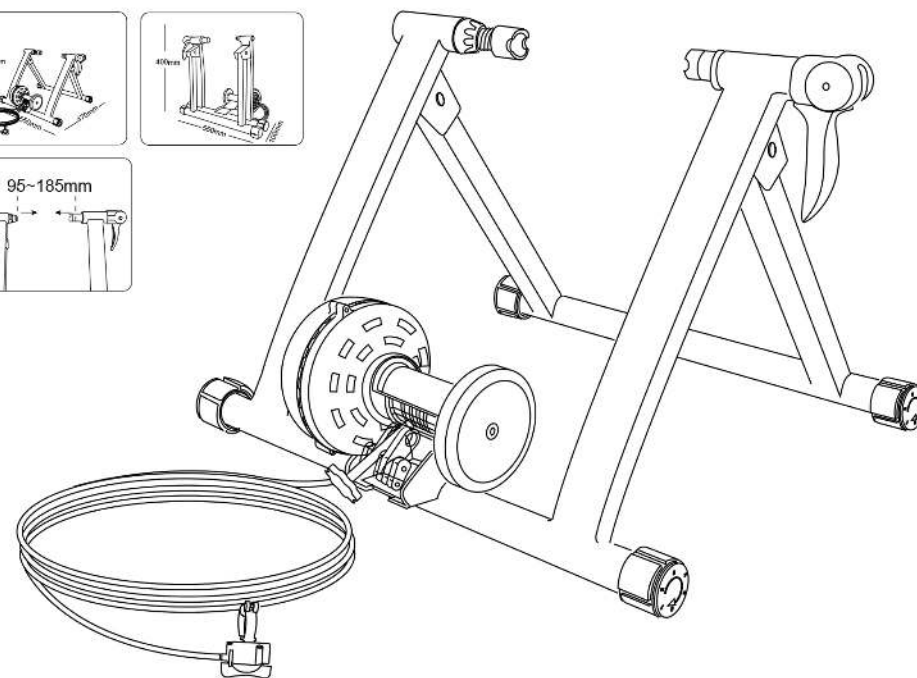
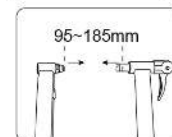
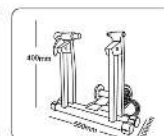
Handleiding

3000738-8720572207387 fiets trainer magnetisch zwart

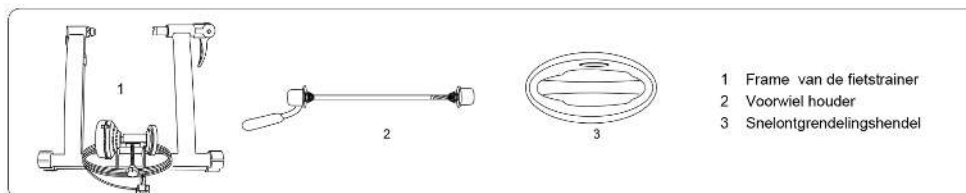


PRODUCT SPECIFICATIE

Weerstand	Draadloos verstelbaar systeem met magnetische weerstand
Laad capaciteit	7.7kg
Maximaal belastbaar gewicht	150KG
Geschikt voor	26"-29" mountain bike, racefiets, fiets met vaste versnelling
Gebruik	Fiets training voor binnen en buiten
Vermogen	600W
Garantie	2 jaar



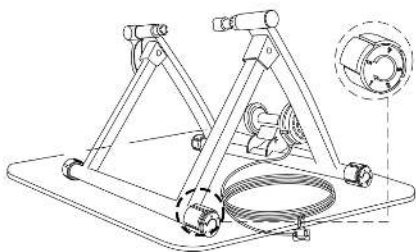
ONDERDELENLIJST



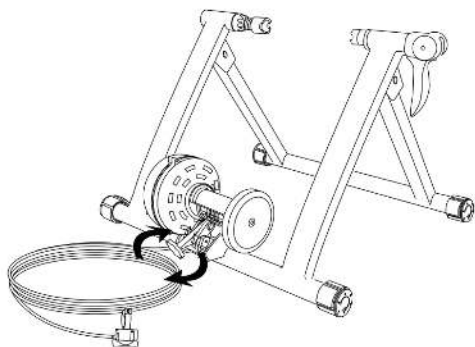
Produced and imported by: 4goodz BV, Vendelier 61 A, 3905PD Veenendaal, Netherlands. info@4goodz.nl

INSTALLEREN

- 1 Open eerst de poten volledig en plaats deze op een vlakke en horizontale vloer, zodat er geen obstakels zijn. Gebruik de verstelbare voeten om eventuele hoogteverschillen op te vangen.

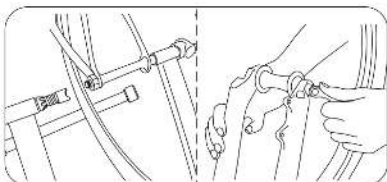
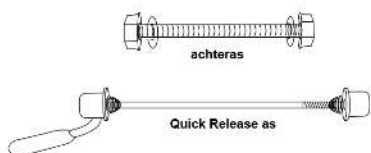


- 2 U kunt de weerstand verhogen of verlagen door de bandenspanningsregelaar aan te passen

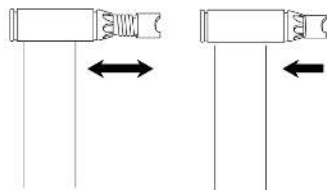


ACHTERWIEL INSTALLATIE

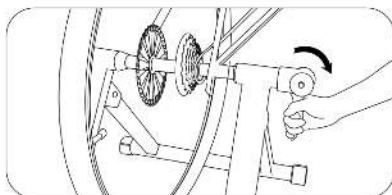
- 1 Als de achteras niet geschikt is voor de twee houders van de fietstrainer, demonteer dan de achteras van de fiets en vervang hem met de Quick Release as die bij de fietstrainer zit.



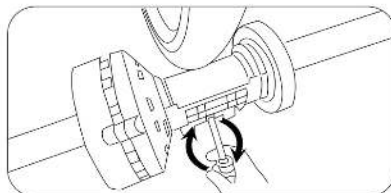
- 2 Stel de linke as houder af op de benodigde breedte voor de fiets. Voor het afstellen, draai de borg wartel los en draai de ashouder naar binnen of naar buiten. Draai de borg wartel weer vast.



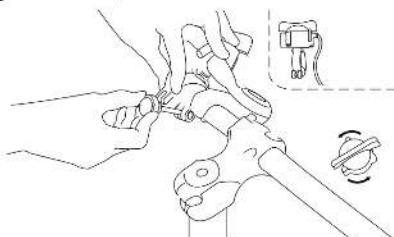
- 3 Zet je fiets op de fietstrainer, draai de handel van de snelspanner om de fiets vast te zetten.



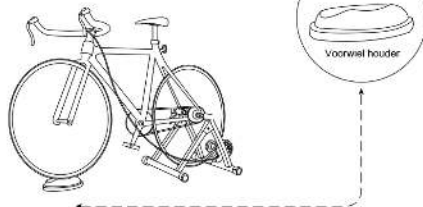
- 4 Draai de drukregelaar vast zodat deze de band raakt



- 5 Installeer de magnetische drukregelaar op het stuur, draai aan de knop om de druk aan te passen



- 6 Plaats het voorwiel van de fiets op het voorwiel houder om te voorkomen dat de fiets onbedoeld gaat slingeren.



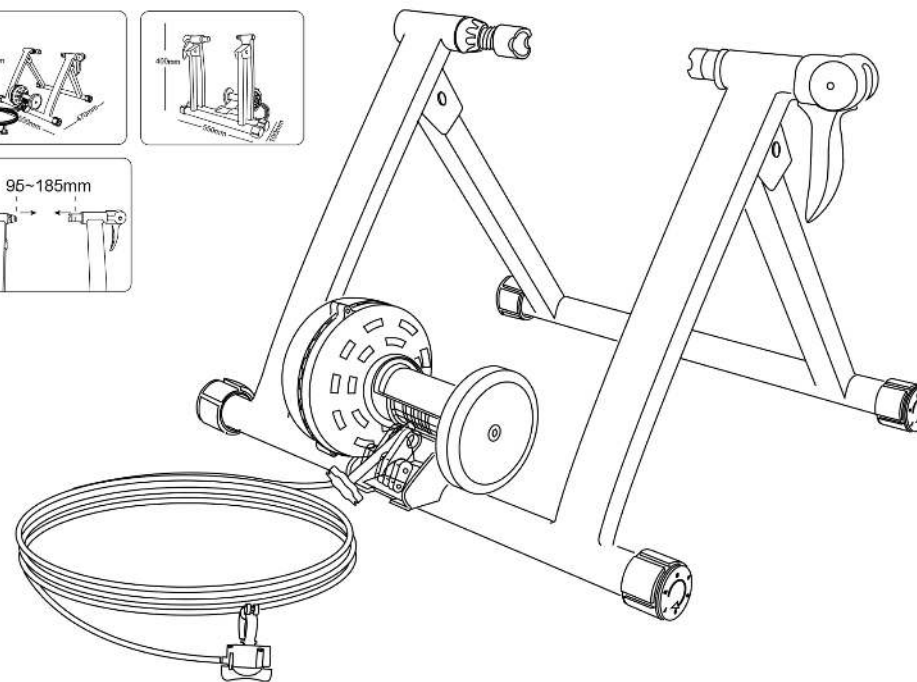
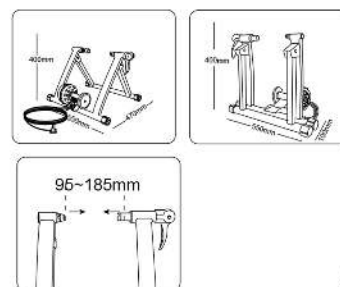
Manual



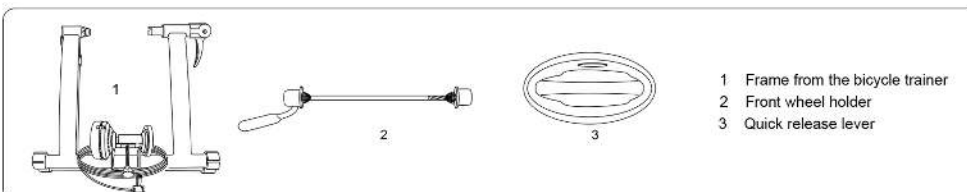
3000738-8720572207387 bicycle trainer magnetic black

PRODUCT SPECIFICATION

Resistance	Wirelessly adjustable system with magnetic resistance
Load capacity	7.7kg
Maximum loadable weight	150KG
Suitable for	26"-29" mountain bike, road bike, fixed gear bike
Usage	Cycling training for indoors and outdoors
Assets	600W
Guarantee	2 years



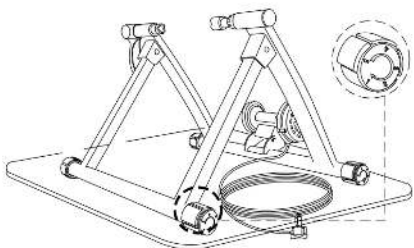
PARTS LIST



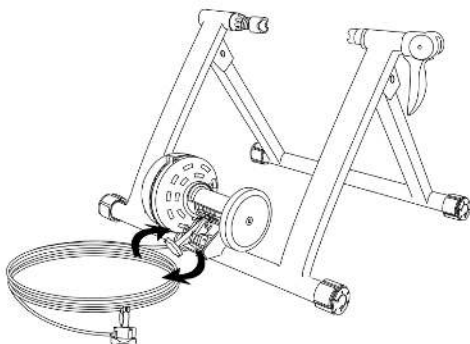
Produced and imported by: 4goodz BV, Vendelier 61 A, 3905PD Veenendaal, Netherlands. info@4goodz.nl

INSTALLIEREN

- 1 Öffnen Sie zunächst die Beine vollständig und stellen Sie sie auf einen ebenen und horizontalen Boden, sodass keine Hindernisse vorhanden sind. Nutzen Sie die verstellbaren Füße, um eventuelle Höhenunterschiede auszugleichen.

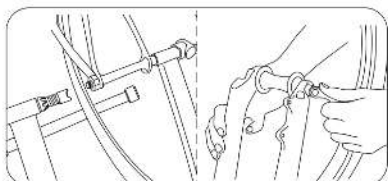
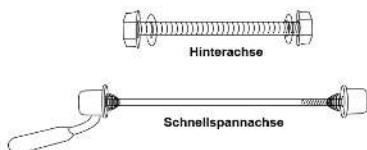


- 2 Sie können den Widerstand erhöhen oder verringern, indem Sie den Reifendruckregler einstellen

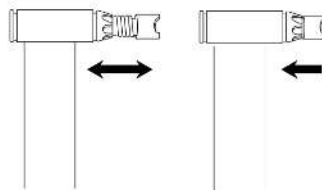


EINBAU DES HINTERRADES

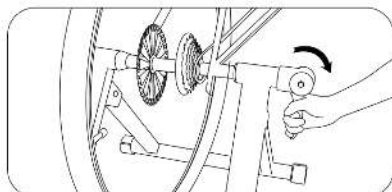
- 1 Wenn die Hinterachse nicht für die beiden Halterungen des Fahrradtrainers geeignet ist, entfernen Sie die Hinterachse vom Fahrrad und ersetzen Sie sie durch die mit dem Fahrradtrainer gelieferte Quick Release-Achse.



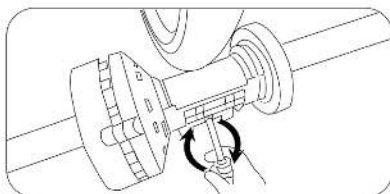
- 2 Stellen Sie den linken Achshalter auf die erforderliche Breite für das Fahrrad ein. Zum Einstellen lösen Sie die Sicherungsmutter und drehen den Achshalter hinein oder heraus. Ziehen Sie die Sicherungsmutter wieder fest.



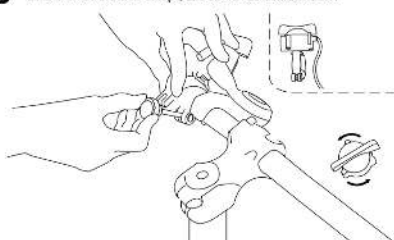
- 3 Stellen Sie Ihr Fahrrad auf den Fahrradtrainer und drehen Sie den Griff des Schnellspanners, um das Fahrrad zu sichern.



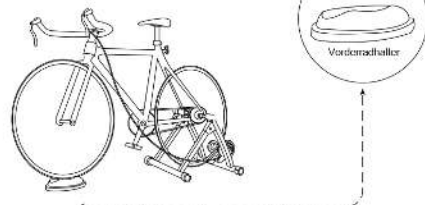
- 4 Ziehen Sie den Druckregler so fest, dass er den Reifen berührt



- 5 Installieren Sie den magnetischen Druckregler am Lenker und drehen Sie den Knopf, um den Druck einzustellen



- 6 Platzieren Sie das Vorderrad des Fahrrads auf der Vorderradhalterung, um ein unbeabsichtigtes Schwingen des Fahrrads zu verhindern.



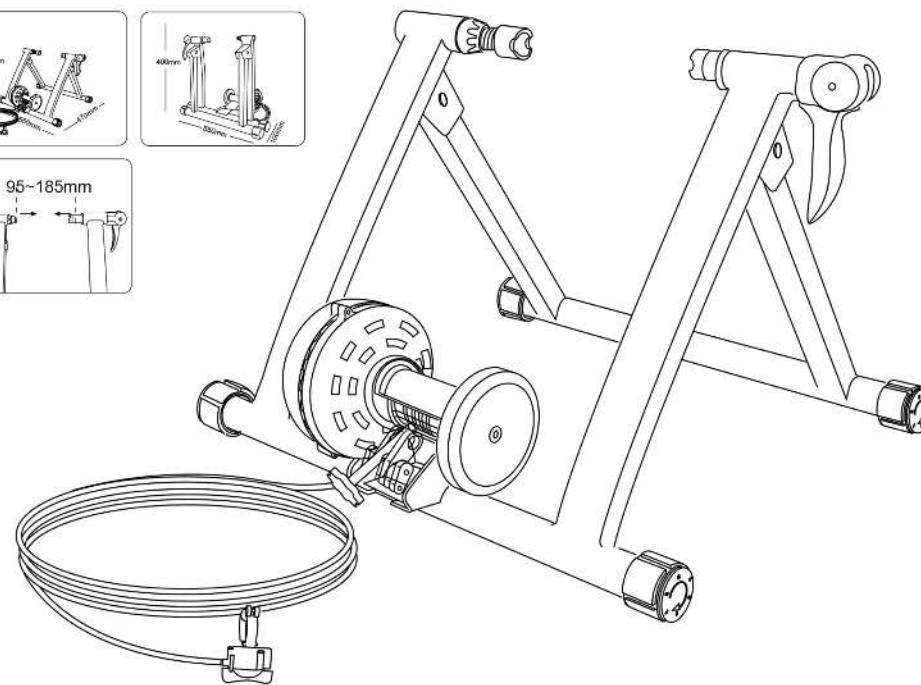
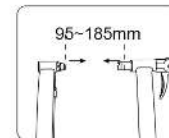
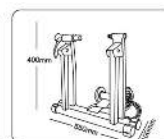
Manuel



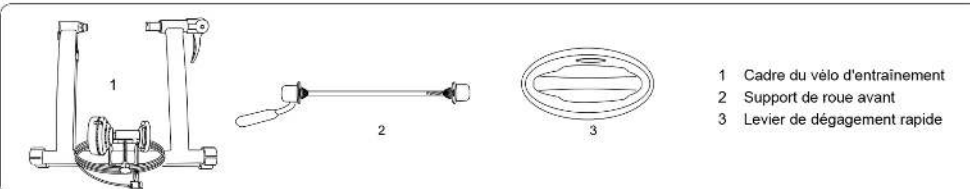
3000738-8720572207387 Entraîneur de vélo magnétique noir

SPÉCIFICATION DE PRODUIT

Résistance	Système réglable sans fil avec résistance magnétique
Capacité de chargement	7.7kg
Poids maximum chargeable	150KG
Convient à	VTT 26"-29", vélo de route, vélo à pignon fixe
Usage	Entraînement cycliste pour l'intérieur et l'extérieur
Actifs	600W
Garantie	2 ans



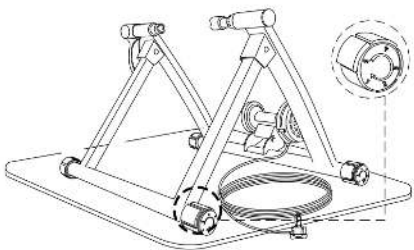
LISTE DES PIÉCES



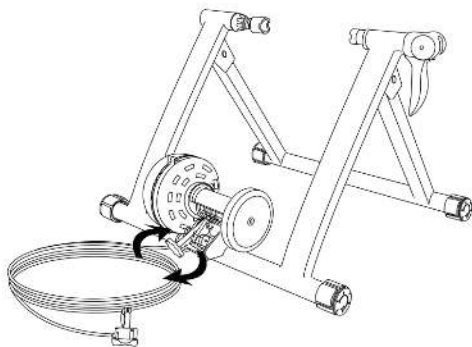
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À INSTALLER

- 1** Tout d'abord, ouvrez complètement les pieds et placez-les sur un sol plat et horizontal afin qu'il n'y ait aucun obstacle. Utilisez les pieds réglables pour compenser les éventuelles différences de hauteur.

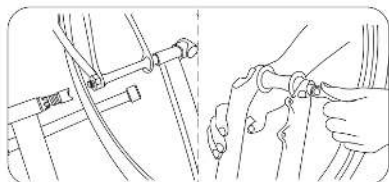
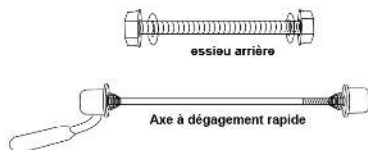


- 2** Vous pouvez augmenter ou diminuer la résistance en ajustant le régulateur de pression des pneus

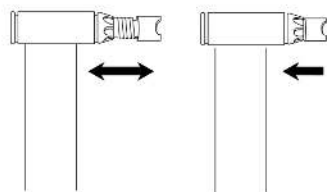


INSTALLATION DE LA ROUE ARRIÈRE

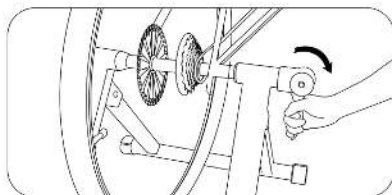
- 1** Si l'essieu arrière n'est pas adapté aux deux supports du home trainer, retirez l'essieu arrière du vélo et remplacez-le par l'axe Quick Release fourni avec le home trainer.



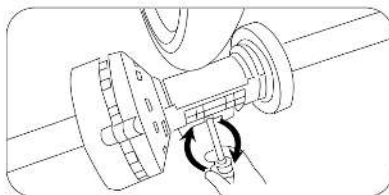
- 2** Ajustez le support d'essieu gauche à la largeur requise pour le vélo. Pour régler, desserrez l'écrou de blocage et tournez le support d'essieu vers l'intérieur ou l'extérieur. Resserrez le contre-écrou.



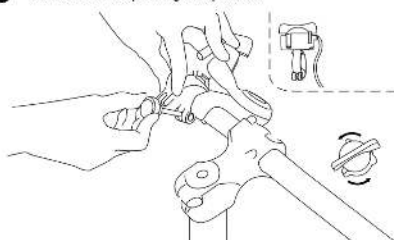
- 3** Placez votre vélo sur le vélo d'entraînement, tournez la poignée du dégagement rapide pour sécuriser le vélo.



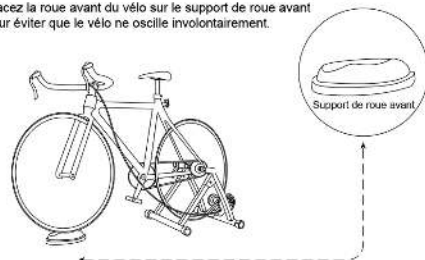
- 4** Serrez le régulateur de pression pour qu'il touche le pneu



- 5** Installez le régulateur de pression magnétique sur le guidon, tournez le bouton pour régler la pression



- 6** Placez la roue avant du vélo sur le support de roue avant pour éviter que le vélo ne oscille involontairement.



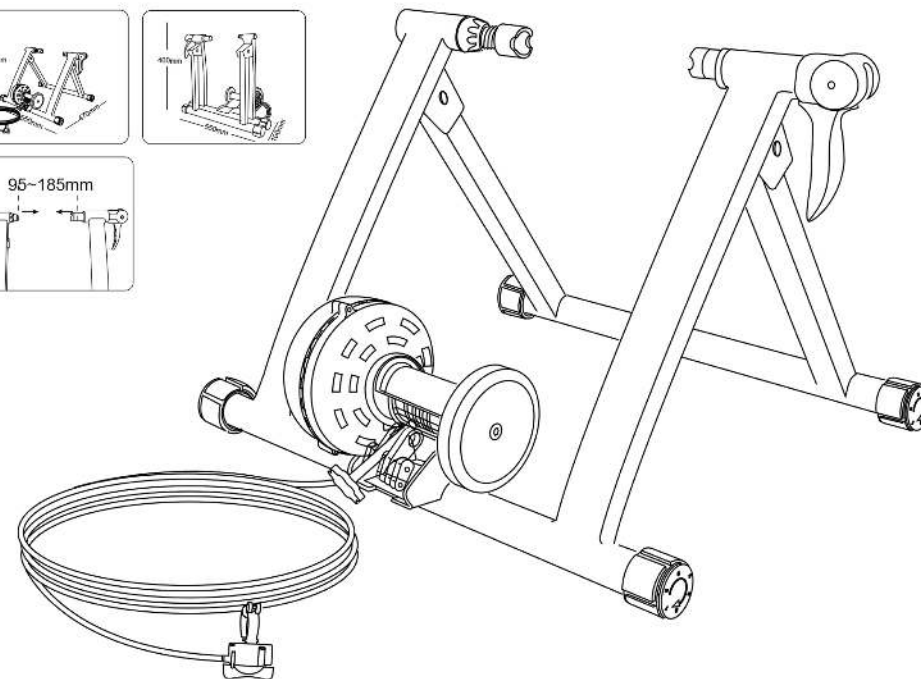
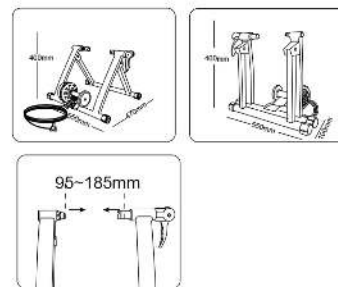
Handbuch

3000738-8720572207387 Fahrradtrainer magnetisch schwarz

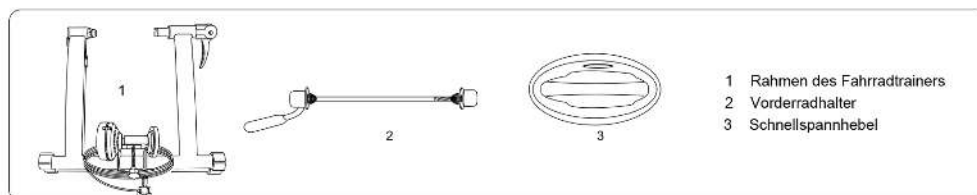


PRODUKTSPEZIFIKATION

Widerstand	Kabellos verstellbares System mit magnetischem Widerstand
Tragfähigkeit	7.7kg
Maximal belastbares Gewicht	150KG
Passend für	26"-29" Mountainbike, Rennrad, Fixed-Gear-Fahrrad
Verwendung	Fahrradtraining für drinnen und draußen
Vermögenswerte	600W
Garantie	2 Jahre



LISTE DER EINZELTEILE



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